



Are you or someone you know affected by Domestic Abuse?

If you are in an emergency situation, call 999. You can then press 55 if it is unsafe for you to speak. You can also text 999.

Scan the QR code below on your smart phone camera to find out how to contact domestic abuse support services in your area and the support available to you.

Alternatively, you can contact the Hampshire domestic abuse helpline below.

**STOP
DOMESTIC
ABUSE**

**Domestic Abuse Helpline
for all parts of Hampshire
0330 0533 630**

