

PRACTITIONER GUIDE

A Restorative Approach

Developed in association with the Hampshire Youth Offending Team

What this means: Please watch: <https://www.youtube.com/watch?v=gJJxbn1VjYo>

A Restorative Approach is a way of working through conflict. It places the focus on repairing the harm that has been caused and seeks to include all parties involved.

A Restorative Approach looks to build, maintain and repair relationships while fostering a sense of social responsibility and shared accountability.

Connections → Belonging → Sense of Community

A Restorative Approach should be:

- ◆ Voluntary
- ◆ Trauma informed and empathic
- ◆ Nurturing and supportive
- ◆ Curious and patient
- ◆ Respectful and non-judgmental
- ◆ Transparent and honest
- ◆ Done 'With'



Questions to ask:

What happened?

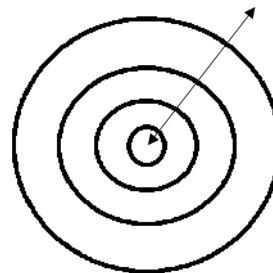
This is the story telling aspect

Use open questions here: Tell, who, what, when, where, how

Who has been affected by this?

This is the impact

Ripple effect: Behaviour is the stone dropping in the water, most effected in the middle working out to indirectly affected. Include how they have been affected.



What needs to happen now?

This is the solution focus

How the harm may be repaired

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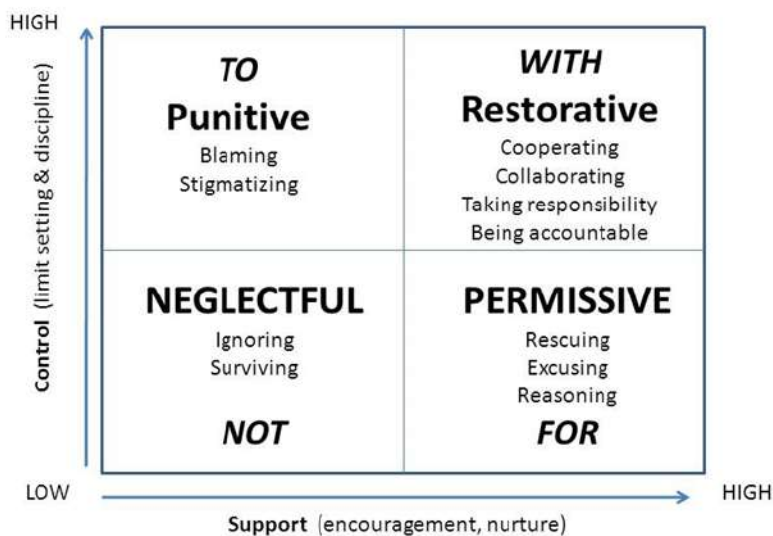
Learning to work 'With':

People are happier, more cooperative, and more likely to make longer lasting positive change when they are worked 'with' rather than when things are done 'to' or 'for' them. Therefore, a restorative approach requires a balance of high levels of control/limit setting with high levels of support.



Social Discipline Window

Ted Wachtel, International Institute for Restorative Practices



How this helps safeguard people particularly children:

It is fundamental that children are supported to consider the impact on others of their actions and behaviour, and where appropriate start repairing some of the harm caused. However, that can only take place once the child is safe from harm, otherwise there are risk of harm to both the child and their victims.

Further Information

Restorative Justice covering Hampshire - <https://www.rjhampshire.org.uk/>

Hampshire Youth Offending Team offer a restorative service to all victims of youth crime - <https://www.hants.gov.uk/socialcareandhealth/childrenandfamilies/supportyoungpeople/hyot/about>

Restorative Justice Council - <https://restorativejustice.org.uk/>

Restorative Solutions work in partnership with local organisations and police forces across the country to reduce harm caused by conflict and to heal communities - <https://www.restorativesolutions.org.uk/>